


Register on-line at:  
[www.tri-river.org](http://www.tri-river.org)

Website: [www.tri-river.org](http://www.tri-river.org)  
 Phone: 815.630.5212  
 E-mail: [training@tri-river.org](mailto:training@tri-river.org)

Tri-River Police Training Courses

# October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Lead Homicide Investigator W.C.S.O.					
8	9	10	11	12	13	14
		*FULL* Breath Analysis Operator (8hr) Monee P.D.	*FULL* Breath Analysis Operator (8hr) Monee P.D.	*FULL* SFST Refresher 8-Hour Kankakee Co. S.O.		
15	16	17	18	19	20	21
		*FULL* Reid Technique of Interviewing and Interrogations New Lenox P.D.				
			YOGA For First Responders Plainfield P.D.		Reid Advanced Interview and Interrogations New Lenox P.D.	
22	23	24	25	26	27	28
29	30	31	1	2	3	4
	Crisis Intervention Team Training (CIT-B) Basic Orland Park P.D.					
						

# Law and Order: A 40-Hour LHI Certification

Will County Sheriff's Office

16911 West Laraway Rd., Joliet, IL 60433

Monday – Friday; October 2-6, 2023

8:00 am till 5:00 pm

This course complies with the guidelines of the following mandate(s):

• Civil Rights	1.0 Hour
• Const. Use of LE Authority	8.5 Hours
• Cultural Competency	0.5 Hour
• Human Rights	0.5 Hour
• Legal Updates	8.0 Hours
• Officer wellness/mental health	0.5 Hour
• Procedural Justice	10.0 Hours
• Psychology of Domestic Violence	0.5 Hour
• Specialized:	
○ Lead Homicide Investigator	40.0 Hours

## Course Description:

This training features interactive lectures and discussions of actual case histories, videos, and laws specific to homicide investigations. This comprehensive seminar provides instruction in conducting investigations and prosecuting death cases from the start of the investigation, through evidence collection, press conferences, trial testimony, and ultimately conviction.

This class uses a combination of actual homicide case studies, so participants work through a case from the beginning, through case closure. **The training provides participants the techniques and structure to *lead* a professional and lawful investigation.**

"Effective 01-01-2012, under 50 ILCS 705/10.11, only law enforcement officers who successfully complete the Board certified 40-hour Lead Homicide Investigator training program may be assigned as lead investigators in homicide investigations." This course fulfills the requirements.

**Instructor: Lou Tessmann**, CFI retired from the Waukegan (Illinois) Police Department after 23 years of service in a wide variety of assignments, including patrol, investigations, training, and ultimately Deputy Chief of Police. Lou is a 26-year veteran of the United States Marine Corps, retiring as a CWO-4. In addition to his service in Vietnam he was activated for Desert Storm and Desert Shield and has received numerous military awards including the Naval Commendation Medal. Lou began his career as a police officer with the City of Waukegan assigned to the patrol division. He was later assigned to the detective bureau for nine years and as a juvenile officer for one year. Lou also served as the Commander of the elite Lake County Major Crime Task Force. The task force works on major criminal investigations relating to homicides, kidnappings, and police-involved shootings. During his career, he has conducted thousands of interviews and interrogations. Most noteworthy, Lou has obtained over 80 homicide confessions during his career with only three instances where he was unable to obtain a confession from the homicide suspect.  
(Continued)

**Jeffrey J. Pavletic** is a subject matter expert and an award-winning trial attorney who has built a reputation of integrity and exceptional skill in the courtroom. As a prosecutor over the past three decades, he has tried countless cases to victory (including approximately 175 jury trials with a concentration in homicide and violent crime). In addition to trying some of the highest profile and complex cases that have occurred in the history of Northern Illinois, Jeff was Chief of the Felony Review Division, and was the First Assistant State's Attorney for the Lake County (Illinois State's Attorney's Office).

**Member Tuition: None**

**Non-Member Tuition: \$750.00**

*Funded in Partnership with the Illinois Law Enforcement Training & Standards Board*

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**\*FULL\*** ~~Breath Analysis Operator~~  
~~8 hour Breath Analysis Instrument Operator Course~~

Monee Police Department  
5356 W. Main Street, Monee, IL 60449  
Tuesday; October 10, 2023  
8:00 am till 5:00 pm

This course complies with the guidelines of the following mandate(s):

- Civil Rights 1.0 Hour
- Legal Updates 1.0 Hour

**Course Description:**

Officers completing this program will be certified as Illinois Breath Analysis Operators by the Illinois State Police. This eight-hour course is also certified by the Illinois Law Enforcement Training and Standards Board.

Some of the topics that will be discussed are as follows:

- Operation and function of the breath testing equipment approved for use in Illinois
- Detailed discussions on drinking driver enforcement
- Laboratory training in the use of equipment
- Pharmacological effects of alcohol
- Legal matters relating to drinking driver enforcement (including implied consent and case presentation for court)

Successful completion and attendance of the course including passing the exam is required to be a state certified Breath Alcohol Operator (BAO).

**Instructors:** The Illinois State Police Academy will be providing instructors for this course.

**Member Tuition: None**

**Non-Member Tuition: None\***  
(Members will have priority registration)

*\*This class will be funded by the Illinois Department of Transportation through the Police Traffic Services Training Project and administered by the Illinois Law Enforcement Training & Standards Board.*

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**\*FULL\*** ~~Breath Analysis Operator~~  
~~8 hour Breath Analysis Instrument Operator Course~~

Monee Police Department  
5356 W. Main Street, Monee, IL 60449  
Wednesday; October 11, 2023  
8:00 am till 5:00 pm

This course complies with the guidelines of the following mandate(s):

- Civil Rights 1.0 Hour
- Legal Updates 1.0 Hour

**Course Description:**

Officers completing this program will be certified as Illinois Breath Analysis Operators by the Illinois State Police. This eight-hour course is also certified by the Illinois Law Enforcement Training and Standards Board.

Some of the topics that will be discussed are as follows:

- Operation and function of the breath testing equipment approved for use in Illinois
- Detailed discussions on drinking driver enforcement
- Laboratory training in the use of equipment
- Pharmacological effects of alcohol
- Legal matters relating to drinking driver enforcement (including implied consent and case presentation for court)

Successful completion and attendance of the course including passing the exam is required to be a state certified Breath Alcohol Operator (BAO).

**Instructors:** The Illinois State Police Academy will be providing instructors for this course.

**Member Tuition: None**

**Non-Member Tuition: None\***  
(Members will have priority registration)

*\*This class will be funded by the Illinois Department of Transportation through the Police Traffic Services Training Project and administered by the Illinois Law Enforcement Training & Standards Board.*

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# **\*FULL\*** ~~SFST Refresher – 8 Hour day~~

Kankakee County Sheriff's Office  
3000 S. Justice Way, Kankakee, IL. 60901  
Thursday; October 12, 2023  
8:00 am till 5:00 pm

This course complies with the guidelines of the following mandate(s):

- |                              |                                      |
|------------------------------|--------------------------------------|
| • Civil Rights               | 4.0 Hours (2.0 Hours Scenario-Based) |
| • Const. Use of LE Authority | 2.0 Hours                            |
| • Legal Updates              | 2.0 Hours                            |

**Course Description:** The purpose of this course is to increase deterrence of DWI violations, and thereby reduce the number of crashes, deaths and injuries caused by impaired drivers. As a result of this training, participants will become significantly better able to:

- Understand enforcement's role in general DWI deterrence.
- Understand detection phases, clues and techniques.
- Understand requirements for organizing and presenting testimonial and documentary evidence in DWI cases.
- Recognize and interpret evidence of DWI violations.
- Administer and interpret Standardized Field Sobriety Tests.
- Describe DWI evidence clearly and convincingly in written reports and verbal testimony.
- Understand the tasks and decisions of DWI detection.
- Know and recognize typical vehicle maneuvers and human indicators symptomatic of DWI associated with initial observations.
- Know and recognize typical reinforcing maneuvers and indicators that come to light during the stopping sequence.
- Know and recognize typical sensory and other clues of alcohol and/or other drug impairment that may be seen during face-to-face contact with DWI suspects.
- Know and recognize typical behavioral clues of alcohol and/or other drug impairment that may be seen during the suspect's exit from the vehicle.
- Understand the role and relevance of psychophysical testing in pre-arrest screening of DWI suspects.
- Know and carry out appropriate administrative procedures for validated divided attention psychophysical tests.
- Know and carry out appropriate administrative procedures for the Horizontal Gaze Nystagmus test.
- Know and recognize typical clues of alcohol and/or other drug impairment that may be seen during administration of the Standardized Field Sobriety Tests.

**Instructors:** Dave Schurr; Lieutenant (Ret.) with the Bolingbrook Police Department and Steven Sigler; Sergeant with the Illinois State Police.

**Member Tuition: None**

**Non-Member Tuition: None\***

\* Funded by the Illinois Department of Transportation through the Police Traffic Services Training Project and administered by the Illinois Law Enforcement Training & Standards Board.

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**\*FULL\*** ~~The Reid Technique of Interviewing and Interrogation®~~

New Lenox Police Department

200 Veterans Parkway, New Lenox, IL 60451

Tuesday - Thursday; October 17-19, 2023

8:00 am till 3:00 pm

This course complies with the guidelines of the following mandate(s):

- |                              |                                       |
|------------------------------|---------------------------------------|
| • Civil Rights               | 1.0 Hour                              |
| • Const. Use of LE Authority | 1.0 Hour                              |
| • Legal Updates              | 2.0 Hours                             |
| • Procedural Justice         | 12.0 Hours                            |
| • Lead Homicide Investigator | 18.0 Hours (7.0 Hours Scenario-Based) |

**Course Description:** This is a 3-day, twenty-one hour program on the Reid Technique of Interviewing and Interrogation®. The course includes; interview and interrogation preparation, behavior symptoms, the Reid® Behavior Analysis Interview (B.A.I.) and "The Reid Nine Steps of Interrogation" which include:

**Interview and Interrogation Preparation**

The style, appearance and approach of the successful interviewer and interrogator will be covered, as will the room settings conducive to these activities.

**Behavior Symptoms**

Differences in verbal and nonverbal behavior between innocent and deceptive persons often can be observed, and are thus indicative of whether or not a suspect is telling the truth. A guilty suspect makes a conscious decision to resist your effort to get at the truth. In trying to maintain a structure of verbal lies, however, that suspect most often develops internal conflicts and tensions which manifest themselves in nonverbal behavior. Thus, body movements, facial expressions, eye contact, attitudes, posture and grooming gestures can indicate whether the subject is telling the truth or lying. Nonverbal indicators can also be used to determine whether the suspect under interrogation is listening, maintaining a defiant attitude or is ready to confess. You will learn how to observe and assess critical behavior symptoms and use those assessments to determine whether to move on to the next step of the interrogation.

**Reid® Behavioral Analysis Interview (B.A.I.)**

The information developed through use of the standard investigative questions of "who," "what," "when" and "how" is often not adequate — even in combination with physical evidence — to identify the wrongdoer. The Reid Behavioral Analysis Interview is a technique that uses a structured set of non-accusatory behavior-provoking questions developed as a result of many thousands of interviews. The B.A.I. makes it easier to determine whether the suspect is telling the truth about involvement in the matter under investigation, and is flexible enough to be used in cases ranging from employee theft to homicide.

**The Reid Nine Steps of Interrogation®**

The nine-step approach to a successful interrogation has been developed by John E. Reid and Associates through extensive research and practical experience over a period of 60 years. Because of the subject's importance, approximately half the classroom time in the seminar is devoted to the interrogation process and detailed examination of each of the nine steps.

John Reid and Associates will provide the instructor for this class.

**Member Tuition: None**

**Non-Member Tuition: \$450.00**

*\*This course is partially funded by the Illinois Law Enforcement Training and Standards Board.*

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# **Yoga for First Responders**

Plainfield Police Department  
14300 Coil Plus Dr., Plainfield, IL. 60544  
Wednesday, October 18, 2023  
8:00 am till 4:00 pm

This course complies with the guidelines of the following mandate(s):

- Officer Wellness/Mental Health 8.0 Hours

**Course Description:** This course uses tactical breath work, physical drills, and cognitive behavioral therapy resulting in optimal functioning of the entire psychophysiological system. This includes increasing mental toughness, enhancing tactical skills, preventing injury, self-de-escalation, regulating the nervous system and more. The result of consistent training in YFFR Protocol will not only lead to better performance and stress management but an increase in mindful responses versus emotional reactions with interpersonal communication.

This course will introduce the trainee to the basic concepts of yoga, mindfulness, and resilience, functions of the brain and nervous system, as well as the principles of the YFFR Protocol that make it job-specific and culturally informed. Attendees will learn techniques to use right away along with resources to continue their training.

## **Course Objectives:**

1. Explain yoga, its original intent, and address misconceptions.
2. Formulate the steps needed to practice mindfulness.
3. Outline the 3 Principles of Resilience Training.
4. Assess how a career in Law Enforcement can affect the mind, body, and nervous system.
5. Categorize the basic functions of the nervous system and stress response.
6. Conclude the missing skill set in Law Enforcement training.
7. Illustrate how yoga can train the Law Enforcement Officer to perform at his/her highest level of functioning for tactical performance and career longevity.
8. Compare how the YFFR Protocol differs from community yoga in western cultures.
9. Deduce how YFFR can be added into current Law Enforcement Training Standards.
10. Learn and practice the foundational techniques of YFFR protocol.
11. Distinguish which basic YFFR techniques can train the entire system to process stress effectively, build resilience actively, and enhance performance tactically.
12. Adopt YFFR techniques for improving body mechanics, neuromuscular efficiency, awkward shooting positions, breath control, and proprioception for tactical performance.
13. Decide when and how to use and adapt YFFR techniques for optimal value.
14. Understand how to implement YFFR as a consistent training tool personally or for your department.

Officers should wear clothing that they would normally wear during defensive tactics training, as there will be practical applications to the classroom instructions. This will take place on defensive tactics mats. Watch the attached videos for further:

[5 Minute Intro to YFFR](#)

[60 Seconds - YFFR](#)

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**Instructor:** Cheryl “Coach Cheryl” Mabry is a 500-hr Certified Yoga teacher, and has been a life-long fitness practitioner and teacher, with a primary focus on Corporate Yoga since 2003. Cheryl's teachings are rooted in safe, effective techniques that honor mental and physical strength with self-awareness.

After spending years in gymnastics, powerlifting, cycling and strength training, and enduring a life threatening spinal injury...then surgery, Cheryl credits her resiliency to her Yoga practice and mindset training. Her deep desire to help those in the First Responder community began with her father, a Vietnam Veteran, and other extended family members that serve in local communities. After learning about Yoga For First Responders (YFFR) in August of 2018 from a recent Chicago Police Department (CPD) Academy grad, Cheryl began to research and follow YFFR. She completed her Instructor School Class 009 with YFFR in Seattle in 2019. She is currently serving as Fundraising Coordinator with YFFR and has been an active Instructor and speaker for YFFR since certifying. She recently was a Squad Leader for YFFR at Instructor School Class 014 at CPD and spoke at the ILEETA conference back in March of 2021. Cheryl engages in the YFFR Community weekly, and looks to future opportunities to learn and lead. Cheryl resides near Chicago, IL, and is deeply committed to sharing the benefits of the YFFR Protocol.

**Member Tuition: None**

**Non-Member Tuition: None**

(members have priority in registration)

*\*This course is partially funded by the Illinois Law Enforcement Training and Standards Board.*

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# John Reid Advanced Interviews & Interrogations

New Lenox Police Department

200 Veterans Parkway, New Lenox, IL 60451

Friday; October 20, 2023

8:00 am till 3:00 pm

This course complies with the guidelines of the following mandate(s):

- Procedural Justice 3.0 Hours
- Lead Homicide Investigator 6.0 Hours (3.0 Hours Scenario-Based)

**Course Description:** This course is for individuals who have completed the 3-day seminar on *The Reid Technique of Interviewing and Interrogation*, and builds upon their knowledge of the Reid Technique.

Most unsuccessful interrogations are a result of the investigator's inability to move the guilty suspect from one stage of the interrogation to the other. *Reid* has defined three distinct stages of the interrogation that may give the investigator problems:

1. Defiant stage: seven proven tactics to move suspects out of this stage
2. Neutral stage: four proven techniques to get the suspect to listen to the interrogator's themes
3. Acceptance stage: three specific techniques that will dramatically increase admissions of guilt

People who commit crimes do so to fulfill certain needs. What needs were satisfied is based upon the case facts, evidence and results of the interview — types of needs that will be thoroughly discussed are:

- Real need crimes
- Impulse need crimes
- Esteem need crimes
- Lifestyle need crimes

The Advanced Seminar will also address the following specific problem areas for some but not all interrogations:

- Juvenile interrogations
- Interrogation regarding guilty knowledge
- Playing one suspect against another
- Interrogation on multiple crimes

**Course Instructor:** This course will be taught by Instructors with John E. Reid and Associates, Inc.

**Member Tuition: None**

**Non- Member Tuition: \$150.00**

*\*This course is partially funded by the Illinois Law Enforcement Training and Standards Board.*

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# Crisis Intervention Team Training (CIT-B) Basic

Orland Park Police Department

15100 S. Ravinia Ave., Orland Park, IL. 60462

Monday – Friday; October 30 – November 3, 2023

8:00 am till 4:00 pm

**NOTE: Officers are required to have 2 years of service in a non-probationary status before they may attend this class.**

This course complies with the guidelines of the following mandate(s):

• Civil Rights	0.5 hours
• Constitutional/Proper Use of LE Authority Use of LE Authority	0.5 hours
• Crisis Intervention	12.0 hours
• Human Rights	7.0 hours
• Legal Updates	2.0 hours
• Officer wellness/mental health	2.0 hours
• Procedural Justice	4.0 hours
• De-escalation Techniques	8.0 hours (4.0 Hours Scenario-Based)
• Officer Safety Techniques	4.0 hours (3.0 Hours Scenario-Based)
• Crisis Intervention Team Training	40 hours

**Purpose:** Law enforcement officers are generally the first responders to crisis events. It is important to have individuals in law enforcement who can utilize effective strategies, insuring public and personal safety. The Crisis Intervention Team (CIT) training provides officers with education about mental illness and other behavioral disabilities as well as providing skills and tools for effectively and safely interacting with someone who is experiencing a crisis.

**Course Description:** Participants of this voluntary, 40-hour training program, receive intensive training on recognizing and addressing individuals in the community who have a mental illness or other behavioral health crisis. The CIT training program is an in depth, specialized course for officers with at least two years' experience. The five-day course includes presentations by behavioral health specialists, experienced field officers and representatives from regional service providers. Officers will receive training in topics such as mental illness/signs and symptoms, co-occurring disorders, child and adolescent issues, medical conditions and psychotropic medications, and law enforcement response and legal issues. They will also learn advanced communication and de-escalation techniques, partake in valuable exercises, have a unique opportunity to participate in discussions with individuals who have a mental illness and or their family members and given an opportunity to exercise their skills in realistic scenario role plays.

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The key components of this course cover the following:

- Officers are exposed to the dynamics of mental illness, developmental disabilities, child and adolescent disorders, elderly individuals with behavioral issues, returning combat veterans, people who have excited delirium, and people with substance abuse/co-occurring disorders. This training will allow officers to make quick and effective decisions utilizing options they have to resolve the crisis.
- Officers are exposed to the experiences, viewpoints and concerns of persons with mental illnesses (consumers). Officers will meet with consumers in order to gain their perspective and learn from them.
- Officers receive instruction and demonstrations in basic listening and responding skills along with crisis interventions strategies. Real life crisis scenarios provided by trained professional actors with the assistance of state-certified CIT officers are presented to officers for them to demonstrate their resolution skills.
- **The scenario-based training will take place on Thursday, November 2<sup>nd</sup>; attendees will be required to wear their "department uniform of the day" for their current assignment.**

**About the Instructors:** The course will be conducted by a diverse group of law enforcement and behavioral health professionals, including active CIT officers from various parts of the State of Illinois. An essential part of the CIT course is scenario-based skills training with crisis scenarios provided by trained professional actors. All scenarios are facilitated and evaluated by certified CIT officers.

**Member Tuition: None**

**Non-Member Tuition: None**

(members will receive priority registration)

*Funded in Partnership with the Illinois Law Enforcement Training & Standards Board*

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