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Tri-River Police Training Courses

June 2024

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The Winning Mind™ for Women

Plainfield Police Department

14300 Coil Plus Dr., Plainfield, IL. 60544

Tuesday, June 4, 2024

8:00 am till 4:00 pm

This course complies with the guidelines of the following mandate(s):

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|---|-----------|
| • Const. Use of LE Authority | 1.0 Hour |
| • Officer wellness/mental health | 1.0 Hour |
| • De-escalation Techniques | 1.0 Hour |
| • High-Risk Traffic Stops | 1.0 Hour |
| • Officer safety techniques, including cover, concealment, and time | 3.0 Hours |

Course Description:

"The Winning Mind for Women" is one of the most unique and popular courses offered by the "Winning Mind Seminars" team. Sgt. Betsy Smith guides students through 8 hours of intensive, interactive training that will provide attendees with updates and information they can employ to improve and enhance both their professional and personal lives.

We begin each session by honoring the sacrifices of our fallen, celebrating the law enforcement profession and asking each attendee to inwardly assess their own career. We define true "Warrior Ethos" as well as the "Guardian Mindset" as we talk about the history of women in policing and celebrate our winners and role models. We then introduce gender-specific science and leadership principles that anyone can use to enhance their career and improve their life on and off the job. The multi-media format keeps students engaged and entertained while we provide officers, agents, dispatchers, trainers, supervisors, managers and all other personnel with a realistic view of gender differences and how these can be harnessed in both men and women to improve performance, morale, communication, relationships, and especially officer safety.

This training is like no other in that it encourages women, and those who train and supervise them, to look beyond the anecdotal, "that's-the-way-we've-always-done-it" world of learning and utilize science, physiology and proven methods and information that will help anyone in law enforcement improve their career and their survival. Sgt. Smith's philosophy of "teaching by storytelling" cites real-world, inspirational examples of courageous men and women whose stories stay with the attendees long after the class has concluded. The atmosphere created in the classroom encourages students to network and gain strength and information from each other, making this session a powerful day for all involved. This course will inspire, motivate, and encourage women to excel and to win, regardless of assignment!

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Topics will include:

- The “Not Today” mindset, on every call, on every shift
- Why “survival” is minimalistic, and we must train to WIN!
- Embracing your responsibility for your own tactics, training, safety, and career
- What “Guardianship” really means to you, your career, and your community
- Why and how to embrace Warrior Ethos regardless of your career path
- Preventing and preparing for officer ambush
- How to leave behind the “victim-based” mentality and take control of your own future
- Recognizing and taking advantage of the differences between men and women
- Learning to communicate effectively with everyone in your agency and beyond
- How to bring your family into your world to enhance off duty safety and your relationships
- Finding and using the best female-specific equipment available
- Learning to “lead, mentor, and inspire” others regardless of your assignment or tenure
- How to increase your awareness and overcome the effects of “routine”
- Dealing with pregnancy in a high-risk profession
- Assessing your own career and coming up with a plan for real success
- How “Post Traumatic Growth” can improve your career and your life
- How to truly embrace “the family” of law enforcement and stand together

Instructor: Sgt. Betsy Brantner Smith retired in 2009 as a 29-year veteran of a large metropolitan police department in the Chicago suburbs. Beginning her career as a police dispatcher at age 17, Betsy became an officer four years later and has held positions in patrol, investigations, narcotics, juvenile, hostage negotiation, crime prevention and field training. She received her four-year degree from Western Illinois University in 1991 and was a class officer and graduate of the Northwestern University Center for Public Safety’s School of Staff and Command in May of 2001. She supervised her department’s K-9 Unit, served as a field training sergeant, recruitment team sergeant, bike patrol coordinator, Crowd Control Bike Team leader, and supervisor of the Community Education/Crime Prevention Unit. Betsy served on the Elderly Services Team, the Crisis Intervention Team, and was a proud founding supervisory member of NPD’s Honor Guard Unit. Betsy received numerous awards and commendations from her police department as well as many local and national awards for her performance as a police officer and supervisor. From 1999 – 2003 Betsy hosted various training programs and was a content expert for the Law Enforcement Television Network (LETN), is currently an on-air commentator and advisor for the Police One Academy and was a featured character in the Biography Channel’s “Female Forces” reality show. She has been a law enforcement trainer for over 20 years and was a content expert and senior instructor for the Calibre Press “Street Survival” seminar from 2003 through 2012 where she also created the “Street Survival for Women” seminar. Betsy is a popular keynote speaker at conferences and events throughout the United States and has trained in various international venues. Since 1995, Betsy has authored hundreds of articles for law enforcement, government and civilian publications including Innovations in Government, Police Marksman, Law and Order, Police Chief, Law Officer, PoliceLink.com, PoliceOne.com, LawOfficer.com and various civilian firearms magazines through Harris Publications including “Combat Handguns.” She served on the advisory board of Police Marksman magazine, was a featured columnist and video contributor on Officer.Com, NationalPolice.org and PoliceOne.Com. Betsy is a media analyst and the spokesman for the National Police Association and a frequent guest on numerous national news programs. Betsy is the creator of the only course of its kind for women in law enforcement, “The Winning Mind for Women” and is the owner of The Winning Mind LLC. Together, Betsy and her husband Dave develop and instruct cutting edge courses and travel extensively, bringing their inspirational messages throughout the world. Betsy can be reached through her website at www.femaleforces.com.

Member Tuition: None

Non-Member Tuition: None

(MTU#16 members receive priority)

Funding assistance provided through the ASSIST Program Illinois Law Enforcement Training and Standards Board

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IDNR Explosives Safety, Recognition and Handling Course

Morris Police Department
200 E. Chapin St., Morris, IL 60450
Tuesday; June 11, 2024
8:00 am till 4:00 pm

This course complies with the guidelines of the following mandate(s):

- Legal Updates 3.5 Hours
- Procedural Justice 2.0 Hours

Course Description: This is a one day 8-hour class provided by the Illinois Department of Natural Resources, OMM-Explosives and Agg. Division. The class will provide hands on education for recognizing the different types of high/low explosives and their requirements at both the State of Illinois level, as well as the BATFE (Federal) level. In addition to general explosive recognition, the specifics and differences of consumer fireworks (1.4) vs. professional grade fireworks (1.3G) and the laws that pertain to them will be discussed in great detail.

This class is being provided by the IDNR to help educate law enforcement and to provide direct assistance, on scene, when dealing with explosive situations. The IDNR regulates / investigates high and low explosives including 1.1, 1.2, 1.3, and 1.5. Too many times law enforcement does not have the education to know how to identify an explosive and/or if a bomb squad needs to be called. Bomb Squads, Explosives Breaching SWAT Teams, and BOMB Dog Handlers already possess the IL Individual Explosives License. The IDNR must be notified immediately upon any recovery of a regulated explosive and/or device to pursue the information necessary for enforcement.

If the Officer and their respective department so desire; after completing the class and passing the exam they can receive an IL IDNR Individual Explosives License, to be used in association with their law enforcement duties. A random monthly bank of test questions will be administered at the end of the class which will consist of 50 questions that will be multiple choice and/or True-False. Each officer receiving the license will fill out an application and must pass the test with an 80% or higher. Officers who do not pass the test will be provided an opportunity to retest in the near future.

- **Licensing is recommended but not required to attend.**

There are eight chapters covered in the presentation and each officer will be provided a packet of information from the IDNR consisting of a copy of the IL Explosives Act, the Admin Codes that Apply to the Act, a general explosives safety packet, a packet for note taking as the presentation is given, and a small 4-page packet for officers to keep available as a quick reference guide for explosive identification purposes, while on duty.

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Key topical areas to be addressed include the following:

- Illinois Explosives Act
- Explosive Storage Requirements-Law Enforcement and Non-Law Enforcement
- Explosives Safety/Recognition/Handling (m-devices, homemade sticks, etc.)
- Fireworks- 1.3G low explosives (professional fireworks) vs 1.4 low explosives
- Enforcement of 1.3G vs. 1.4 and their requirements

Instructor:

The instructor for this class is Nick Sterling who currently is a Specialist/Inspector/Investigator for the Illinois Department of Natural Resources, OMM-Explosives and Agg. Division. Mr. Sterling's current territory includes Cook, Lake, McHenry, DuPage, Kane, Kendall, Grundy, and Will Counties. Sterling has been with the Department for four years and inspects/investigates all explosive storage facilities (Law enforcement and Non-Law Enforcement), explosives accidents, explosives incidents, and performs random checks/investigations on both licensed and unlicensed individuals. Sterling has 18 years of high explosives experience and teaches the IL Individual Explosives License Class on a regular basis. Over the past few years Mr. Sterling has noticed a lack of education when law enforcement agencies are dealing with explosives related issues, and hopes to help prevent these issues in the future through education and assistance.

Member Tuition: None

Non-Member Tuition: None

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Brill Law Enforcement Action in Democracy (LEAD) – 4 Hour

Plainfield Police Department

14300 Coil Plus Dr., Plainfield, IL. 60544

Wednesday; June 12, 2024

8:00 am till 12:00 pm **(4 hours)**

This course complies with the guidelines of the following mandate(s):

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|-----------------------|-----------|
| • Cultural Competency | 1.0 Hour |
| • Human Rights | 2.0 Hours |
| • Procedural Justice | 1.0 Hour |

Course Description: This dynamic 4-hour program has been designed to provide law enforcement officers with a compelling historical analysis of the Holocaust that serves as a framework for further exploration of the ways in which abuses of authority evolve over time and how the rights of individuals must be balanced with the need for societal protection. The Law Enforcement Democracy Initiative is a proven program that impacts how police officers consider empathy, ethics, and morals in their decision-making process.

Participants will examine how changes in government policy and law shifted traditional functions of policing in German society to the implementation of human rights abuses and genocidal programs represented as national security and defense priorities. They will consider the effects these incremental policy shifts had on societal, occupational, and personal life, as well as the decision making of individual police officers during the Nazi era.

Through examination of historical and contemporary case studies, students will consider the following issues:

- Moral and ethical decision-making
- Explore issues of racism, bias, and violence through exploration of contemporary case studies
- Discuss the dangers of silence and indifference.
- Challenges inherent to the law enforcement profession
- Responsibilities officers have to society and each other
- Stereotyping and the abuse of authority
- Empathizing and connecting with individuals
- Current Hate Crime legislation, reporting considerations, and review of high-profile hate crimes

Class will conclude with a Holocaust survivor's eyewitness recounting of events as they happened during the Nazi era.

Instructors:

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Instructors:

Dr. Susan Woollen: I worked in higher education for over 30 years, and I retired from the Department of Criminal Justice Sciences (CJS) at Illinois State University in 2019. I was an administrator in CJS and co-taught a study abroad course on genocide using the Holocaust as a case study. I also taught classes in the College of Education at ISU. My early research focused on equity in education and women's leadership in higher education. Currently, a former colleague and I are conducting research that applies a criminological theory to explain the causes of genocide and how to prevent future cases. I have co-presented results of this research to the American Society of Criminology, as well as to the United Nations Office on Drugs and Crime. I am also actively involved with the Illinois Holocaust Museum and Education Center as a docent, facilitator, and member of the Second-Generation Speakers' Bureau (my mother was a survivor of the atomic bomb that was deployed over Nagasaki, and I present her pre-war, war, and post-war experiences to community members).

Jacqueline L. Schneider is Professor and former Chair in the Department of Criminal Justice Sciences at Illinois State University, Normal, IL. She received her undergraduate degrees in law enforcement and in criminal justice from the University of Cincinnati. She received her Master's in Public Administration from The Ohio State University and then returned to the University of Cincinnati on scholarship to work on her doctorate in Sociology, which she received in 1995. She's taught and conducted research in the US and in England where her work on stolen goods markets has been put forward as best practice in and has attracted interest from policymakers in various countries. In addition to her many grants, she was the first recipient of the Home Office's Innovative Research Challenge Grant (UK) and she received an outstanding teaching award in the United States. Her published works include numerous academic papers and chapters in books. Her book, *Sold into Extinction* received the Distinguished Book Award, 2012 from the American Society of Criminology's Division of International Criminology. Her current research area pertains to the role criminal justice organizations played in the Holocaust and other genocides. Previous research topics included stolen goods markets, and the illegal trade in endangered flora and fauna.

Member Tuition: None*

Non-Member Tuition: None*

(Members will have priority in registration)

**Funded through a grant obtained by the Illinois Holocaust Museum and the Illinois Law Enforcement Training and Standards Board.*

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32 Hour IPMBA Police Cyclist Course

JJC, Weitendorf Agricultural Education Center

17840 W. Laraway Rd; Joliet, IL 60433

Monday - Thursday, June 17 – 20, 2024

8:00am – 4:00pm*

***Thursday, June 20 class will be 1:00 pm – 9:00 pm (tentative time)**

This course complies with the guidelines of the following mandate(s):

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|---|----------------------------------|
| • Legal Updates | 1 Hour |
| • Officer wellness/mental health | 3 Hours |
| • Procedural Justice | 1 Hour |
| • De-escalation Techniques | 4 Hours (4 Hours Scenario-Based) |
| • Law concerning stops, searches, and the use of force | 1 Hour (1 Hour Scenario-Based) |
| • Officer safety techniques, including cover, concealment, and time | 4 Hours (4 Hours Scenario-Based) |

Course Description: This course, which is nationally certified through the International Police Mountain Bike Association (IPMBA), has been developed for officers and First Line Supervisors and focuses on the use of the bicycle as a patrol vehicle. Participants will spend approximately half of each day riding their bikes and negotiating obstacles. Students will learn to safely handle their bikes while in traffic and how to use the bicycle when making traffic stops, citizen contacts, and suspect contacts. They will also learn how to safely handle bicycles in pursuit situations.

The course includes:

- Bicycle, uniform, accessory, and clothing selections
- Basic physical fitness and injury avoidance
- Critical situation riding techniques
- Basic maintenance, tire changing, brake and gear adjustment, lubrication
- Pre-ride safety inspections
- Traffic strategies and approaches to calls
- Negotiation of basic obstacles
- Patrolling, vehicle stops, suspect stops
- Pursuits and takedowns
- **Night patrol (evening class will be Thursday, June 20th)**
- Drug enforcement
- Community relations
- Bicycles and firearms

Equipment requirements:

Continued next page:

Participants **MUST bring:**

- ✓ A multi-gear, quality mountain bike
- ✓ Headlight and rear reflector (or taillight)
- ✓ Bicycle helmet that meets CPSC standards,
- ✓ Protective eyewear, including clear lenses for the night class.
- ✓ Pedal retention, such as toe clips or power grips.

Highly recommended:

- Bike water bottle
- Cycling gloves
- Padded bike shorts
- Rear rack gear bag
- Rear mounted kick stand
- Body armor
- Police radio or cell phone

IMPORTANT NOTE: Student bikes **MUST** meet IPMBA standards for appropriate frame height and size, i.e. there should be 1.5 to 3 inches of clearance between the rider and the top tube of the bike when the rider is astride it in a flat-footed stance.

It is recommended that students wear department bike uniforms and duty gear for this course. If not available, clothing identifiable with 'POLICE' markings is also acceptable. It is also suggested that participants bring a basic tool kit, frame pump, replacement tire tubes and a rain jacket.

Instructors:

The lead instructor for this class will be Sgt. Bernie Hogancamp, Homewood Police Department (Retired). Co-instructor is Craig Lepkowski.

Member Tuition: None

Non-Member Tuition: \$600.00

Funded in Partnership with the Illinois Law Enforcement Training & Standards Board

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First-Line Supervision

(One-week version of *Supervision of Police Personnel* course)

Frankfort Police Department

20602 Lincoln-Way Lane, Frankfort, IL. 60423

Monday – Friday; June 24-28, 2024

8:30 am to 4:30 pm

This course complies with the guidelines of the following mandate(s):

- Procedural Justice 3.5 Hours

Course Description: The *First-Line Supervision* course prepares first-line supervisors for a successful transition from officer to supervisor and provides professional development to current supervisors who have had little or no formal training to lead officers. The course provides the fundamentals of leadership and followership to enable students to become more effective in their roles, and provide an educational foundation for life-long learning and professional development.

The **one-week course** is designed to teach supervisors how to overcome contemporary leadership challenges and focuses on understanding human behavior and day-to-day work relationships with subordinates, superiors and the public. As emerging leaders navigating today's changing law enforcement environment, *First-Line Supervision* students learn how to effectively motivate, evaluate and discipline employees in order to successfully carry out the visions of their law enforcement agencies.

Who Should Attend:

First-Line Supervision is an absolute must for all new supervisors or soon-to-be-promoted officers. Experienced supervisors are encouraged to attend to improve their leadership and supervisory effectiveness and continue developing in the law enforcement profession.

***Students will need a laptop computer or similar device with a USB port.**

Course Content:

- The personal profile system: DiSC instrument
- Key elements of dynamic leadership
- Communication
- Supervising Diversity
- Motivational principles
- Performance Management
- Planning and decision making
- The disciplinary process
- Ethics, professionalism and community image
- Risk Management

Instructors: Course instructors are police managers (active or retired) who combine extensive experience with solid academic credentials, provided by *NUCPS*.

Member Tuition: None

Non-Member Tuition: \$750.00

(Members receive priority registration)

**Funded in Partnership with the Illinois Law Enforcement Training & Standards Board*

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Proactive Patrol Tactics

And Terrorism Intelligence Gathering Vehicle Stops

Plainfield Police Department

14300 Coil Plus Dr., Plainfield, IL 60544

Thursday & Friday; June 27-28, 2024

8:00 am till 4:00 pm

This course complies with the guidelines of the following mandate(s):

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|---|-----------|
| • Civil Rights | 2.5 Hours |
| • Const. Use of LE Authority | 2.5 Hours |
| • Cultural Competency | 2.0 Hours |
| • Legal Updates | 2.0 Hours |
| • Law concerning stops, searches, and the use of force | 2.0 Hours |
| • Officer safety techniques, including cover, concealment, and time | 2.0 Hours |

Course Description: This fast-paced course is intended for patrol officers and supervisors who want to become more effective in detecting and arresting criminals operating motor vehicles, including drug users, drug traffickers, fugitives and gang members. In addition, the program will provide the latest intelligence information about the movements and activities of suspected terrorists in the United States. The training focuses on objective criteria for criminal interdiction and has been approved by the National Highway Traffic Safety Administration (NHTSA) and the U. S. Department of Justice.

Topics include:

- Criminal Patrol Procedures
- Detecting Deception
- Officer Safety
- Arrest Tactics
- Current Patterns and Trends
- Concealment Areas
- Roadside Interviews
- Informant Development
- Terrorist Organizations
- International Driving Permits
- Resident Alien and SSN Documents
- Criminal Activity and Financing

Instructors:

Chief Ed Delmore - Gulf Shores AL PD; A former Patrol Officer, Undercover Narcotics Investigator, Patrol Sergeant, Watch Commander, Deputy Chief and Chief of Police. Chief Delmore has been involved in the seizure of millions of dollars in illicit drugs and currency and has trained thousands of police officers throughout the United States on criminal Interdiction techniques. (Continued)

Officer Stacy McElroy - Gulf Shores AL PD; An 18 year police veteran began his career with the Collinsville, IL PD. He has served as a Patrol Officer, K-9 handler, and a Task Force Officer with the Drug Enforcement Administration.

Officer McElroy has made several significant seizures involving thousands of pounds of narcotics and over a million dollars in currency. Stacy has trained thousands of officers in Criminal Patrol Drug Enforcement throughout the country.

Member Tuition: None*

Non-Member Tuition: None*

** Funding provided in whole or in part by the Illinois Emergency Management Agency, Illinois Homeland Security Advisory Board and the Illinois Law Enforcement Training and Standards Board.*

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